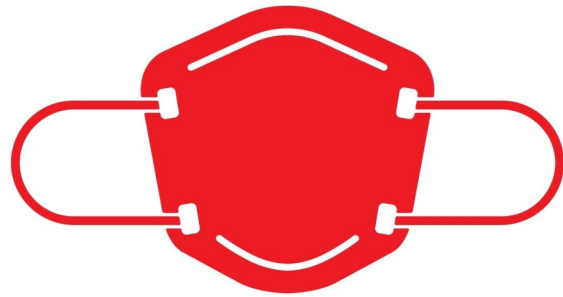




**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

**STAY
SAFE**



**With the Governor's Proclamation effective
November 17 the Le Mars Y will implement
modifications for everyone's safety.**

Members and guests are required to wear masks in most areas of the YMCA. Masks may be removed when in the pool. Masks may be removed during vigorous exercise in the cardio room, cycling room, fitness classes and weight room, please social distance.

Indoor Pool:

- For group water fitness classes please wear a mask to and from class, masks may be removed during class. To enable social distancing class sizes are limited to 6 participants for Aqua Interval and Deep Water Boot Camp, and limited to 10 participants for Morning Mixer and Aqua Groove. Classes will be first come first serve.
- We will be having swim team practice. Limit of 4 swimmers per lane with staggered start to enable social distancing.
- We will have lap swim, water walking and open swim. Maximum capacity in the pool is 15 people. Lap swim will be limited to 2 people per lane. Water walking will be limited to 4 people. Open swim will be limited to 15 people. This will be first come first serve.
- No pool parties at this time. No Toddler Swim. No Can for a Splash.
- We will be offering private and semi-private swim lessons. Instructors will wear a mask or shield.

YMCA:

- For group fitness classes please wear a mask to and from class, masks may be removed during class. To enable social distancing class sizes are limited to 6 participants, except Enhance Fitness and Boot Camp are limited to 15 participants. Classes will be first come first serve.
- Our youth volleyball program is cancelled, participants will receive a credit on their account.
- The Cardio Room, Weight Room and Cycling Room are open. Please social distance.
- We will still offer our afterschool and tutoring programs. Masks required.
- We will still offer personal training. The trainer will wear a mask.
- The Racquetball Court is open, limit of two people.
- The Gym is open. No basketball games. Limit of two people per hoop and masks required. People may walk in the gym, masks required. Toddler gym is available, anyone over the age of 2 is required to wear a mask. You may play pickleball, masks required. No gym rentals at this time.

Thank you for your support in helping us maintain a healthy environment for everyone.