



Le Mars Indoor Aquatic Center March 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1-2pm lap swim 2-5:30pm Open Swim	2 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Morning Mixer 4-5pm swim team 5-7pm lap swim	3 11am-1pm lap swim 11am-noon toddler swim 4-5pm swim team 5-7pm lap swim 6:00-6:45pm Aqua Interval	4 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-7pm lap swim 5-5:45pm Aqua Fit	5 11am-1pm lap swim 11am-noon toddler swim 4-5pm swim team 5-7pm lap swim 6:00-6:45pm Deep Water	6 6-7:30am lap swim 4-7pm Open Swim	7 12-1pm lap swim 1-4pm Open Swim
8 1-2pm lap swim 2-5:30pm Open Swim	9 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Morning Mixer 4-5pm swim team 5-7pm lap swim	10 11am-1pm lap swim 11am-noon toddler swim 4-5pm swim team 5-7pm lap swim 6:00-6:45pm Aqua Interval	11 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 2-5pm Open Swim 5-7pm lap swim 5-5:45pm Aqua Fit	12 11am-1pm lap swim 11am-noon toddler swim 4-5pm swim team 5-7pm lap swim 6:00-6:45pm Deep Water	13 6-7:30am lap swim 4-7pm Open Swim	14 12-1pm lap swim 1-4pm Open Swim
15 1-2pm lap swim 2-5:30pm Open Swim	16 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Morning Mixer 4-5pm swim team 5-7pm lap swim	17 11am-1pm lap swim 11am-noon toddler swim 4-5pm swim team 5-7pm lap swim 6:00-6:45pm Aqua Interval	18 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 5-7pm lap swim 5-5:45pm Aqua Fit	19 11am-1pm lap swim 11am-noon toddler swim 4-5pm swim team 5-7pm lap swim 6:00-6:45pm Deep Water	20 6-7:30am lap swim 4-7pm Open Swim	21
22	23 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Morning Mixer 4-7pm lap swim	24 11am-1pm lap swim 11am-noon toddler swim 4-7pm lap swim 6:00-6:45pm Aqua Interval	25 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Aqua Groove 4-7pm lap swim 5-5:45pm Aqua Fit	26 11am-1pm lap swim 11am-noon toddler swim 4-7pm lap swim 6:00-6:45pm Deep Water	27 6-7:30am lap swim 4-7pm Open Swim	28 12-1pm lap swim 1-4pm Open Swim
29 1-2pm lap swim 2-5:30pm Open Swim	30 6-7:30am lap swim 9am-1pm lap swim 9-9:45am Morning Mixer 4-7pm lap swim	31 11am-1pm lap swim 11am-noon toddler swim 4-7pm lap swim 6:00-6:45pm Aqua Interval				

Water Walking - The flow channel is available for water walking during lap swim and swim team practice when the flow channel is not being used by a fitness class.

Lap Lanes - The lap lanes are closed during swim team practice.